

KONGONIAN

ANNOUNCEMENTS

VOLLEYBALL-CONGRATS to the 17s who placed silver!



-14 Black placed 2nd and 3rd in gold brackets
-13 Red placed 3rd in gold bracket.
-13 Black placed 1st in bronze bracket!

-March 7th- 12's and both 13's have a tournament.

-March 14th- 14's tournament.

*Look for upcoming dates for individual and position trainings for our older girls!

BASEBALL:

-March 20&21- 10U black @ March Mayhem.
-April 3&4- 13U Red @ Slugfest



EVOLUTION OF THE KONGO

Chaz has always had a great love of sports ever since he was young. He played soccer, football, baseball and basketball growing up. As a high school and college athlete, he always

had a desire to help young athletes find their passion in sports and get better! So when his playing days were over, Chaz decided to open up a gym dedicated to helping young athletes! BE A BEAST became the phrase used most here at the KONGO! Do your best, leave all your excuses at the door and come get BETTER! This edition of the KONGONIAN is dedicated to taking a walk down memory lane and seeing how one guys dreams became a reality!

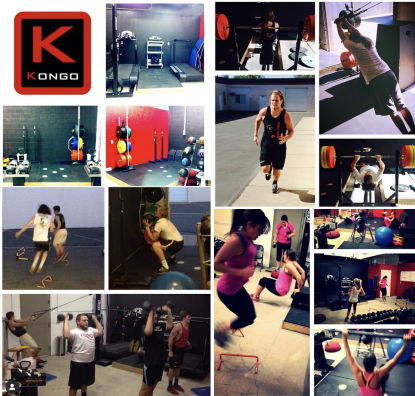


THE PARK

The very first KONGO classes were held in the summer of 2013 at a park in west Farmington. These 10 ladies were committed and woke up Mondays, Wednesdays and Fridays at 6AM to come work out with Chaz. Once the weather got too cold, these classes were moved into Chaz's parents garage.



THE FIRST



In December of 2013, KONGO opened its doors to our very first 700 sq/ft location in west Centerville, just south of the Megaplex Theaters! The ladies from the park followed us there and our KONGO athletes started to trickle in.

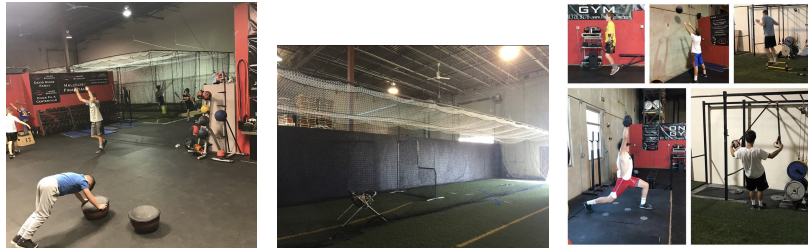
THE SECOND

In July of 2014 we moved to our second location. 1,500 sq ft was just what we needed! The KONGO started to grow QUICK! Over 30 athletes had joined the KONGO family and become a KONGONIAN! We had a lot of amazing memories at this building and our athletes worked hard everyday!



THE THIRD aka TRUCKER BUILDING-

By June of 2016 we were busting at the seams in our second location. We had grown our KONGO family by so much, we needed MORE SPACE! Along came the 4,500 sq foot Trucker building! This is where the idea of competitive sports was born. KONGO basketball and baseball became our first 2 competitive sports programs. We also grew to over 200 athletes training with us. We had kids traveling all the way from Draper up to Logan. We also started training multiple comp baseball teams in our 2 60 Ft cages.

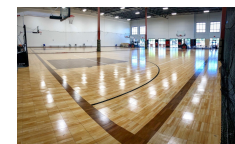


THE FOURTH aka THE "TWEENER"

In December of 2018 we moved into our "Tween" building. We knew this space would not house us long and we were right. We outgrew this space in a matter of months! This is where we started Volleyball. We still use this space today for our awesome KONGO athletes!



THE FIFTH aka THE BIG BUILDING!



In February of 2019 we moved into our current location, the "BIG" building. A lot of blood, sweat and tears were put into making this space so AMAZING! A 5,000 sq/ft Athletic Training area, 2 High school sized basketball courts plus 1 training court, 3,500 sq/ft of Physical Therapy and Sports Medicine, 5,000 sq/ft of Indoor Turf. PIVOT Fitness was born, as well as KONGO lacrosse. We have over 700 athletes in our KONGO family now! We have sent numerous athletes to play at the college level. But this is just a stepping stone for KONGO. Within 18 months our goal is to be in a 107,000 sq ft building in Kaysville. This is already in the works and we are so excited to provide an even more amazing facility for our athletes to train and get better. The moral of the story is to DREAM BIG! The sky is the limit!